

Founded in 1981, United Way of the Florida Keys is a local, independent nonprofit serving residents of the Florida Keys. Our mission is to be the leader in community caring, making our community a better place for working families by providing food, education, and safety net services. Through UWFK programs and our funding support of more than 20 nonprofits throughout Monroe County, we assist over 30,000 residents each year.

UWFK focuses on helping working families who are "Asset Limited, Income Constrained, Employed" (ALICE). They work hard to make ends meet but, due to the extremely high cost of living in Monroe County and circumstances beyond their control, cannot afford their basic needs. UWFK supports scholarships for low-income children to attend quality childcare, provides tax preparation services for low- and moderate-income families, supports food programs to ensure life-saving nutritional assistance, and much more.

Funds are raised in the Keys and stay in the Keys. To learn more or to support our work, please visit KeysUnitedWay.org or find us on Facebook @KeysUnitedWay.



United Way of the Florida Keys compiled and produced this Community Resource Guide.

Please email <u>ResourceGuide@KeysUnitedWay.org</u> to update or add community information to the current online version or future printed editions of this guide.

To access the most updated resource list, or for a listing of Disaster Relief resources, please visit KeysUnitedWay.org/CommunityResourceGuide.

TABLE OF CONTENTS

Community Services4	
Domestic Violence & Sexual Assault Services5	
Emergency & Economic Services6	
Food & Nutrition Services6	
Health Services8	
Housing Services10	
Infants, Children & Adolescent Services11	
Legal Services13	
Mental Health & Substance Abuse Services13	
Senior Services	
Special Needs Services	
Transportation Services	
Hotline Numbers	
Disaster Services KeysUnitedWay.org/CommunityResourceGuide	
<u>Notes</u>	
	-
	-

COMMUNITY SERVICES

211 of Miami-Dade and Monroe: Provides info & referral to statewide resources such as suicide prevention, food banks, shelters, legal assistance & more. Statewide, dial 2-1-1

CareerSource- South Florida: Assistance writing resumes, job seeking, networking and job readiness skills. careersourcesfl.com – Key Largo 305-853-3540, Key West 305-292-6762

City of Key West Parks and Recreation: Maintained public parks, trails and beach, free parking locations, gyms & pool schedules. cityofkeywest-fl.gov – Key West 305-809-3769

The College of the Florida Keys (formerly FKCC): Classes, workshops, degree & certification programs, library, computer access, student clubs and organizations. fkcc.edu – Key West 305-296-9081

Community Foundation of the Florida Keys: Making Key West and the Florida Keys a better place to live now and in the future by encouraging philanthropy and matching these acts of caring to the community needs. cffk.org – Countywide 305-292-1502

Monroe County Stars of Hope: Provides financial support to first responders and their families working in Public Safety. Key West 305-293-7325

Key West Business Guild: LGBTQIA-supported network that encourages commerce and events with local LGBTQIA-friendly businesses. kwbgonline.org – Key West 305-294-4603

League of Women Voters of the Lower Keys: Dedicated to fostering an informed, engaged electorate and to defending voters' rights. lowerkeyslwv.org/

Monroe County Homeless Services Continuum-of-Care: Promotes community-wide goal of ending homelessness by facilitating the Continuum-of-Care process. monroehomelesscoc.org – Countywide

Monroe County Public Library: Free internet, physical and digital books & movies to lend, children's program, community events. <u>keyslibraries.org</u> – Key West 305-292-3595, Big Pine 305-872-0992, Marathon 305-743-5156, Islamorada 305-664-4645, Key Largo 305-451-2396 **Monroe County Veteran's Affairs:** Transportation to the Miami VA for a veteran with an appointment, 305-295-5159. benefits.va.gov/benefits – Veteran's Benefit Office: Key West 305-295-5150, Key Largo 305-453-8777

United Way of the Florida Keys: Supporting Keys residents and working families through education, increased financial stability and food security. <u>keysunitedway.org/</u> – Countywide 305-735-1929

Weatherization Assistance Program - DEO/WAP: A federally funded program designed to lower the energy bills for homes that fall within income guidelines. monroecounty-fl.gov/280/Weatherization-Assistance-Program-WAP — Countywide 305-292-4405

DOMESTIC VIOLENCE & SEXUAL ASSAULT SERVICES

Christina's Courage: Services for survivors of sexual assault regardless of reporting intention, Sexual Assault Nurse Examiner (SANE) exams, advocacy services, and therapy. Key West 305-916-0673, Therapy Services 305-295-8839

Coordinated Victim's Assistance Center (CVAC): Provides crisis intervention, education, case management, supportive services. casa-us.org/cvac-office – Statewide 305-285-5900

Domestic Abuse Shelter of the Florida Keys, Inc: Emergency housing, crisis intervention, case management. domesticabuseshelter.org – Countywide 305-743-4440, Office 305-743-5452

Florida Coalition Against Sexual Violence: Emergency shelter sites, support services, education, resource & referral, counseling services, case management. fcasv.org – Statewide 888-956-7273

Florida Dept of Children and Families - Domestic Violence: 24/7 emergency shelter, counseling, supportive services, legal services, resource and referral. myflfamilies.com – Statewide 800-500-1119

Living Springs Counseling: Workshops for community leaders, churches and parents on reducing domestic violence in our families. Parenting workshops approved by Upper Keys Family Court for mandated parenting classes. dolphinslivingsprings.com – Countywide 305-432-9554

Monroe County Sheriff's Office Victim Advocate Program: Emergency response and support services. <u>keysso.net</u> – Lower 305-745-3184, Middle 305-289-2430, Upper 305-853-3211

EMERGENCY & ECONOMIC SERVICES

Catholic Charities of Monroe County: Rental, utilities, mortgage assistance. ccadm.org – Countywide 305-292-9790

Florida Department of Children and Families (DCF): Temporary Assistance to Needy Families (TANF). tanfprogram.com – Statewide 866-762-2237

Florida Keys Outreach Coalition: Financial crisis support and referral. fkoc.org – Lower Keys 305-295-7741, Upper Keys 305-916-5454

Keys Area Interdenominational Resources (KAIR): On-going emergency food assistance, brown bag lunches, volunteer opportunities. <u>kaironline.org</u> – Marathon 305-743-4582

Monroe County Social Services: Limited rent & utility assistance, prescription drug assistance, burial/cremation assistance. <u>monroecounty-fl.gov/280/Weatherization-Assistance-Program-WAP</u> — Countywide 305-292-4408

Red Cross: Provides crisis response services, including emergency needs. redcross.org/local/florida/south-florida – 954-797-3829

Salvation Army of Monroe County: Holiday assistance, emergency financial assistance, food assistance program. salvationarmyflorida.org – Countywide 305-294-5611

Sister Season Fund: Limited emergency rental and utility assistance for tourism industry workers in Key West. <u>sisterseason.com</u> – Key West 305-849-0991 or 305-304-9828

Social Security: Medicare, SSDI, SSI, RSDI, Medicare Part B, Social Security. ssa.gov – Nationwide 800-772-1213

FOOD & NUTRITION SERVICES

Burton Memorial Church: Ongoing food assistance, soup kitchen, faith-based community outreach, volunteer opportunities. bmumc.net – Tavernier 305-852-2581

First Baptist Church of Islamorada: Food pantry, clothing closet, weekly community dinner, faith-based community outreach/referral program. fbcislamorada.org – Islamorada 305-664-4910

First Baptist Church of Key Largo: Emergency food assistance, faith-based community outreach, weekly community dinner, volunteer opportunities. fcbckl.com – Key Largo 305-451-2265

Florida Department of Children and Families (DCF): Federal Food Stamp (SNAP) program, referral services. myflfamilies.com – Statewide 866-762-2237

Florida Keys Outreach Coalition - Loaves & Fish Food Pantry: Emergency and on-going food assistance, resource & referrals. fkoc.org – Key West 305-295-7580

Glad Tidings Community Church: On-going food assistance & Thanksgiving meals. <u>gladtidingskeywest.com</u> – Key West 305-296-5773

Independence Cay: Hot lunch daily, supportive services & referrals. kaironline.org – Marathon 305-743-4582

Inez Martin Backpack Nutrition Program: Food sent home with enrolled students to supplement weekend meals. wesleyhouse.org – Key West 305-809-5000

Keys Area Interdenominational Resources (KAIR): On-going emergency food assistance, brown bag lunches, volunteer opportunities. <u>kaironline.org</u> – Marathon 305-743-4582

Metropolitan Community Church: Meals & grocery delivery for homebound individuals, holiday food baskets. <u>mcckeywest.com</u> – Key West 305-294-8912

Monroe County Nutrition Program: Congregate meals/nutrition sites for adults aged 60 or older, home delivered meals, Senior Centers, community volunteer opportunities. monroecounty-fl.gov – Countywide 305-292-4522

Monroe County Social Services: On-going emergency food assistance, home delivered meals. monroecounty-fl.gov – Key West 305-292-4408, Tavernier 305-852-7125

SOS Foundation: On-going and emergency food assistance, clothing distributions, daily hot meal deliveries to congregate sites for children and seniors, volunteer opportunities. sosmission.org – Key West & Key Largo 305-292-3013

St Mary's Martha Ministry: Providing meals daily for the homeless shelter, volunteer opportunities, faith-based community outreach. stmarykeywest.com – Key West 305-294-1018

St. Justin the Martyr Catholic Church: Ongoing emergency food assistance, faith-based community outreach, affordable day care. st-justinthemartyr.org – Key Largo 305-451-1316

St. Peter Catholic Church: Big Pine food pantry, faith-based community outreach, volunteer services. style="style="style-type: center;">style="style-type: center;">style="st

WIC: Assistance for Women, Infants & Children, Florida Department of Health (DOH) in Monroe County. <u>monroe.floridahealth.gov</u> – Key West 305-676-3852, Marathon 305-676-3975, Tavernier 305-676-3933

HEALTH SERVICES

A.H. of Monroe County, Inc: Housing assistance, HIV testing & support, health clinics, medical supplies, case/ care management, support groups, follow-up care. ahmonroe.org – Countywide 305-296-6196

American Cancer Society: Education, research, advocacy services, supportive groups, resource and referral, follow-up care, transportation to appointments. cancer.org – Countywide 305-594-4363, Nationwide 800-227-2345

Cancer Foundation of the Florida Keys: Assistance with rent, food, transportation, utilities, cancer education, supportive services. cancerffk.org – Countywide 305-294-7300

Community Health of South Florida (CHI): Primary Care, pediatrics, OB/GYN, dental and pharmacy. chisouthfl.org – Marathon 305-743-4000, Tavernier 305-743-0383

Compassionate Care Hospice: Providing hospice and palliative care services. <u>amedisys.com</u> – Countywide 786-329-4035

Fishermen's Community Hospital: Diagnostic imaging, emergency services, outpatient rehab, cardiovascular services, urgent care & walkin clinic. <u>fishermenshospital.org</u> – Marathon 305-743-5533, Walk-in Clinic 305-743-2253

Florida Department of Health (DOH) in Monroe County: HIV, TB, hepatitis, and STD clinics; child and adult immunizations; family planning; Healthy Start; refugee health; tobacco prevention; school health; environmental health. monroe.floridahealth.gov – Countywide 305-293-7500

Florida Keys Area Health Education Center (FKAHEC): Smoking cessation, health care screening, school health clinics, referral services. keysahec.org – Countywide 305-743-7111 **Good Health Clinic, Inc:** Community clinic, health screening and testing, primary care, referrals & follow-up care. thegoodhealthclinic.org – Tavernier 305-853-1788. Marathon 305-946-1314

Guidance/Care Center: Center for Wellness provides integrated health care for those 18+ with a mental health diagnosis. Includes screenings, physicals, preventative care, referrals and treatment of chronic conditions. guidancecarecenter.org – Marathon 305-434-7660

Island Home Care Agency, Inc: Disability & rehabilitation-related occupational/ physical therapy, home health care nursing services. careinthekeys.com – Key West 305-735-4460

Keys Medical Group: Family practice, orthopedics/sports medicine, gastroenterology, pulmonology, obstetrics & gynecology, behavioral health, in multiple locations. Make appointments online at KeysMedicalGroup.com

Kindred Hospice: Hospice care and Memory Care Program for Alzheimer's and other forms of dementia. <u>kindredhealthcare.com</u> – Upper Keys 305-451-7005, 866-546-3733

Living Waters Rx Project: Provides funding for qualifying low income participants to fill prescriptions, including case management. <a href="https://doi.org

Lower Keys Medical Center: 24 hour emergency department, radiology and laboratory, urgent care, intensive care, maternity, labor and delivery, surgical services, pharmacy, women's imaging center, behavioral health/psychiatric services, rehabilitation services, nutrition, free classes. LKMC.com – Key West 305-294-5531

Mariners Hospital: Emergency care, critical care hospital, intensive care, lab testing, diagnostic imaging/radiology, health screening & referrals. baptisthealth.net – Tavernier 305-434-3000

Rural Health Network of Monroe County: HIV Testing, STD screening, pregnancy testing, dental clinic, community clinic, mental health & substance abuse services, referrals. rhnmc.org – Key West 305-517-6613

US Department of Veteran's Affairs: Medical health clinics. <u>va.gov</u> – Key West 305-293-4863, Key Largo 305-451-0164

VITAS Healthcare: Hospice care and related services. vitas.com – Upper Keys 305-853-0367

Womankind, Inc: Health clinic for women, men, teens; family planning; gynecology services; STD screening & education; primary care. <u>womankindkeywest.com</u> – Key West 305-294-4004

HOUSING SERVICES

A.H. of Monroe County: Housing assistance, HIV testing & support, health clinics, medical supplies, case/care management, support groups, follow-up care. ahmonroe.org — Countywide 305-296-6196

Advocate Program: Veteran support services to transition out of homelessness. advocateprogram.com – Miami 786-227-5842

Catholic Charities: Permanent, supported housing programs for disabled individuals & families, rental/utilities/mortgage assistance. ccadm.org – Key West 305-292-9790

FKOC Peacock Supportive Living: Supportive living for adults with chronic mental illness, supportive services, permanent housing. fkoc.org – Key West 305-295-8693

Florida Keys Children's Shelter: Runaway youth shelter, case management, food, clothing, alternative education, transportation & supportive services to youth. fkcs.org – Key West & Tavernier 305-852-4246

Florida Keys Outreach Coalition: Emergency shelter, transitional & permanent supportive housing programs. fkoc.org – Key West Men's Program 305-295-7580, Women's Program 305-296-8937

Guidance/Care Center: The Heron Assisted Living Facility, a congregate, state-licensed facility in Marathon, provides supportive living services for 16 adults who have a history of serious, long-term behavioral health needs. guidancecarecenter.org – Marathon 305-743-4129

Habitat for Humanity: Affordable home ownership program for low to moderate income households, housing education and support. <u>habitatupperkeys.org</u> – Upper Keys 305-453-0050; <u>habitatmiddlekeys.org</u> – Middle Keys 305-743-9828;

habitatlowerkeys.org – Key West & Lower Keys 305-294-9006

Independence Cay: Emergency shelter for men, shower & laundry facilities, transitional housing, meals, supportive services & referrals. kaironline.org – Marathon 305-743-4582

Key West Housing Authority: Low-income, subsidized rental housing under HUD Section 8 & Section 42. kwha.org – Key West 305-296-5621

Keys Overnight Temporary Shelter (KOTS): Temporary shelter, shower facilities, supportive housing services, medical referrals. shalkw.org/shelter – Key West 305-292-2744

MARC Housing program: Housing, supportive living services & case management for developmentally disabled adults. <u>marchouse.org</u> – Key West 305-294-9526

Samuel's House: Emergency shelter, transitional & permanent housing, resource & referral, case management, support services. samuelshouse.org – Key West 305-296-0240

Volunteers of America: Provides housing services to homeless veterans, case management, education/financial opportunities. voaflorida.org/key-west – Key West 786-369-1796

INFANTS, CHILDREN & ADOLESCENT SERVICES

A Positive Step of Monroe County: Idle Hands summer youth program, fatherhood initiative, case management, counseling, supportive services. apsmc.org – Key West 305-304-1969

Bahama Village Music Program: Musical education for children ages 6 to 16, instrument and lessons at no charge. bvmpkw.org – Key West 305-504-7664

Boys and Girls Clubs of the Keys: Affordable, out-of-school club for children ages 5 to 18. <u>backeys.org</u> – Key West 305-296-2258, Big Pine Key 305-872-2400

Early Learning Coalition: Subsidized childcare, pre-school & school readiness programs, developmental screening, training. elemdm.org – Countywide 305-296-5557 ext 2298

Early Steps Southernmost Coast, Benchmark Human Services: Early intervention services to eligible infants and toddlers (0 to 36 months) with significant delays or a condition likely to result in a developmental delay. Countywide 305-929-8705

Florida Department of Children & Families (DCF): Child abuse investigation, intake & visitations services, counseling, resource & referral. myflfamilies.com — Countywide 305-292-6745

Florida Department of Health (DOH) in Monroe County: HIV, TB, hepatitis, and STD clinics; child and adult immunizations; family planning; Healthy Start; refugee health; tobacco prevention; school health; environmental health. monroe.floridahealth.gov – Countywide 305-293-7500

Florida Keys Children's Shelter: Runaway youth shelter, case management, food, clothing, alternative education, transportation & supportive services to youth. fkcs.org – Countywide 305-852-4246

Florida Keys Healthy Start Coalition: Nutrition education, breastfeeding support, car seat assistance, childbirth education, case management. keyshealthystart.org – Countywide 305-293-8424

Florida KidCare: High-quality, low-cost health insurance for children from birth through age 18, medical provider network for referrals. healthykids.org – Statewide 888-540-5437

Frederick Douglass Gym: Free after school tutoring, boys and girls youth basketball leagues organized by the Police Athletic League (PAL) of Key West. cityofkeywest-fl.gov – 305-809-3990

Girl Scouts of Tropical Florida: Organization of girls that promote character, outdoor activities, good citizenship, and selfless service to others, troops countywide. girlscoutsfl.org – Countywide 305-253-4841

Guardian Ad Litem: Special court-appointed advocacy program for all children at-risk of or currently in foster care placement. guardianadlitem.org – Key West 305-292-3485

Guidance/Care-Center: Comprehensive behavioral health care including crisis support, prevention, treatment psychiatric services, psychotherapy, for mental health and substance abuse issues. Specialty programs for youth 11-21 and services in all county schools. guidancecarecenter.org — Countywide 305-434-7660

Keys to Be the Change: Youth programs including at-risk youth mentoring & leadership, literacy volunteers, drug, alcohol & violence prevention, Farm to School initiatives. keystobethechange.com – County Wide 541-974-4398

Kids Come First in the Florida Keys: Provides children's clothing & school supplies year-round and accepts donations.

facebook.com/kidscomefirst – Countywide 305-360-1689

Living Springs Counseling: ACT Parenting Safe Kids Workshops, approved by Upper Keys Family Court for mandated parenting classes. dolphinslivingsprings.com – Upper Keys 305-432-9554

Marathon Rec Center (Heart of the Keys Recreation Association): Afterschool and summer programs providing recreational and educational activities for ages 8-18 years old. Marathon 305-743-4164

Monroe County Child Find: Free developmental screenings for children 3 and older who are not enrolled in a public school. fdlrssouth.org – Monroe County 305-340-7634

Monroe County School District: Head Start, developmental screenings, special education, free and reduced meal applications, parental support services. keysschools.com – Countywide 305-293-1400

St. Justin Martyr Catholic Church: Subsidized, licensed day care. st-justinthemartyr.org – Key Largo 305-451-1316

Wesley House Family Services: Foster & adoption programs, case management, pre and post-natal home visit support, childcare center, supportive services. <u>wesleyhouse.org</u> – Countywide 305-809-5000

LEGAL SERVICES

Americans for Immigrant Justice: Legal, interpretation and translation services, citizenship and immigration assistance. aijustice.org – Statewide 305-573-1106

Crime Stoppers of the Florida Keys: Neighborhood watch crime prevention program, anonymous tip telephone and email, financial rewards for tips. keysso.net – Countywide 800-346-TIPS

Federal Public Defender's Office: Legal representation for people accused of federal crimes who are financially unable to retain their own private counsel. <u>fls.fd.org</u> – Countywide 305-296-9265

Florida Department of Juvenile Justice: Legal advocates, court diversion programs, resource and referrals, detention facilities. dij.state.fl.us – Countywide 305-293-1500

Legal Services of Greater Miami (Monroe County): Free legal services for low income individuals and families in the areas of housing, government benefits, consumer issues, & family law as well as legal clinics. Kiosks located at the Key Largo, Marathon and Key West Public Libraries. Legalservicesmiami.org – Countywide 866-686-2760

MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

Advocate Program (Monroe County Unit): DUI classes, Case management, counseling, substance abuse assessment, outpatient treatment. advocateprogram.com – Marathon 305-289-5605

Alcoholics Anonymous: Alcohol dependency support groups in all of the Florida Keys, meetings listed online. <u>aafloridakeys.org</u> – Countywide 305-296-8654

Conch Republic Area Narcotics Anonymous: 12 step meetings. floridakeysna.org – Upper Keys & Key West 866-584-2411

Florida Department of Children & Families (DCF): Child abuse investigation, court intake & visitations services, counseling, resources & referrals. myflfamilies.com – Key West 305-292-6745

Florida Keys Children's Shelter: Family & youth education and counseling, case management, supportive services, referrals. fkcs.org – Key West 305-292-0999, Tavernier 305-852-4246

Florida Keys Outreach Coalition- Peacock Supportive Living: Supportive living facility for adults with chronic mental illness, case management support. fkoc.org – Key West 305-295-8693

Guidance/Care-Center: Comprehensive behavioral health care including crisis support, prevention, treatment psychiatric services, psychotherapy detoxification, mental health and substance abuse inpatient services. guidancecarecenter.org – Countywide 305-434-7660

Key Bridge: Mental health and substance abuse agency with licensed counselors, doctors & psychiatrist on staff. Outpatient care for all ages; Vivitrol provider. Individual, group, and family therapy. keybridgetreatment.com – Key West 305-783-3677

Living Springs Counseling: Low cost pastoral counseling, workshops, basic case management. <u>dolphinslivingsprings.com</u> – Countywide 305-432-9554

Lower Keys Medical Center: Inpatient & outpatient mental and chemical dependency services. Ikmc.com – Key West 305-294-5531

SENIOR SERVICES

AARP: Nonprofit, nonpartisan, social welfare organization to address aging, retirement, positive morale, geriatrics, discounts & networking aarp.org – Statewide 888-687-2277

Alliance for Aging: The Area Agency on Aging has information about resources for seniors and under 65 disabled. allianceforaging.org – Countywide 786-862-6078; Aging & Disability Resource Center 305-670-4357

Emergency Home Energy Assistance for the Elderly Program (EHEAP): Assistance for home energy emergencies to qualified, low income households with at least one person age 60 or older. allianceforaging.org — Countywide 305-670-4357 or 800-963-5337

Florida DCF-Adult Protective Services: Protective services for elderly & disabled adults, protective payee accounts, supportive services. mvflfamilies.com – Statewide: 800-962-2873

JOY Center (Just Older Youth, Inc.): The teen center for people over 50. Programs and services meet social and emotional needs, promote mental and physical wellness and stimulate creative and intellectual interests. justolderyouthinc.org — Upper Keys

Kindred Hospice: Hospice care and Memory Care Program for Alzheimer's and other forms of dementia. kindredhealthcare.com – Upper Keys 305-451-7005, 866-546-3733

Monroe County Nutrition Program: Congregate meals/ nutrition sites, home delivered meals, Senior Centers, community volunteer opportunities. monroecounty-fl.gov Key West 305-292-4522

Monroe County Social Services: On-going emergency food assistance, home delivered meals, homemaking, respite, personal care, chores, computers and wifi. monroecounty-fl.gov – Countywide 305-292-4408

Monroe County Transit: Senior and disability-related transportation program, no fee for citizens 60 and older, door-to-door services, do not provide transport from Key-to-Key except in the Middle Keys. monroecounty-fl.gov/142/Transportation – Key West 305-292-4424

National Council on Aging's Benefits Enrollment Center: Assistance applying for SNAP food assistance, Medicaid, and Medicare Savings Program. becs.benefitscheckup.org/welcome – Countywide 305-671-6356, Spanish: 305-671-6376

Older Americans Advisory Board: Provides input on local issues affecting older residents to the Monroe County Board of Commissioners. monroecounty-fl.gov – Islamorada 305-853-0907

Parkinson's Support Group: Monthly Key West Support Group meetings, call for information. Key West 305-395-2897

Poinciana Gardens Senior Community: Independent and assisted living studio, 1 or 2 bedroom units for seniors over 50. KeyWestSeniorLiving.com – Key West 305-440-3191

Retired Senior Volunteer Program (RSVP): Volunteer matched with an agency of their choice to use their talents and build social network. nationalservice.gov/programs/senior-corps — 800-942-2677

Senior Companions Program: Senior companions 55 and older help adults who have difficulty with tasks such as shopping and paying bills. nationalservice.gov/programs/senior-corps – 800-942-2677

SHINE-Florida SHIP/SMP: Free and unbiased info about Medicare and related plans, plan comparison, appeals and more. <u>floridashine.org</u> – Countywide 305-671-6356; Spanish 305-671-6376

VITAS Healthcare: Hospice care and related services. <u>vitas.com</u> – Upper Keys 305-853-0367

SPECIAL NEEDS SERVICES

Center for Independent Living of the Keys (CILK): Supportive services to disabled individuals, recreational activities, counseling, finance support, case management, education & advocacy, information and referrals. floridacils.org – Key Largo 305-453-3491

Early Steps Southernmost Coast, Benchmark Human Services: Early intervention services to eligible infants and toddlers with significant delays or a condition likely to result in a developmental delay. Key West 305-929-8705

FK Council for People with Disabilities: Provides ADA assistance, advocacy and services for people and families in Monroe County with disabilities. monroecounty-fl.gov — Countywide 305-292-4591

Florida Division of Vocational Rehabilitation: Employment services for people with mental or physical disabilities. <u>rehabworks.org</u> – Upper Keys 305-453-1271, Middle & Lower Keys 305-289-6174

Monroe Association for ReMARCable Citizens: Supported living & employment services for adults and families with disabilities. marchouse.org – Key West 305-294-9526, Tavernier 305-852-3282

Monroe County Emergency Management Special Needs Registry: Transportation and sheltering assistance to persons with special needs during evacuations, as a last resort. To be a part of the program and screened for eligibility, you must preregister.

monroecountyem.com/148/Special Needs Registry – Countywide 305-292-4591

Parkinson's Support Group: Monthly meetings, call for information. – Key West 305-296-9814

The Pinnacle Group: Providing Applied Behavior Analysis (ABA) services to individuals with autism and other developmental disabilities. the-pinnacle-group.com – Countywide 772-633-3205

TRANSPORTATION

Greyhound Lines USA: Arranged pick-ups and drop-offs from Miami to Key West. <u>greyhound.com</u> – 305-296-9072, 800-231-2222

Guidance/Care Center-Middle Keys Transportation: GCC provides transportation services as the designated Community Transportation Coordinator (CTC) for Monroe County, responsible for administering a countywide system of transportation for all Monroe citizens who are transportation disadvantaged. For transportation information or to schedule a ride, call: 305-434-7660, Option #2 – gcmk.org

Key West Transit: Provides city bus routes in Key West, the Duval Loop, the Lower Keys Shuttle and Park n Ride (Old Town Garage). kwtransit.com – Key West to Marathon 305-600-1455 for arrival information, or text "kwest <stop#>" to 41411

Keys Shuttle: From Miami and Ft Lauderdale airports servicing the Florida Keys every day. keysshuttle.com – 305-289-9997

Medicaid Transportation: Medicaid covers non-emergency transportation services for Medicaid eligible recipients to Medicaid covered services. Medicaid also covers medically necessary emergency ground or air ambulance transportation. Some limits apply. Call your health plan or the Medicaid Helpline at 877-254-1055.

Miami-Dade Transit, Dade-Monroe Express (Florida City to Marathon): miamidade.gov/transit – 305-468-5900

Monroe County Transit: Senior and disability-related transportation program, no fee for citizens 60 and older and nominal fee for others, door-to-door services within one of four 'zones' in the Keys.monroecounty-fl.gov/142/Transportation – Countywide 305-292-4424

Monroe County Veteran's Affairs: Transportation to the Miami VA for a veteran with an appointment, 305-295-5159. benefits.va.gov/benefits – Veteran's Benefit Office: Key West 305-295-5150, Key Largo 305-453-8777

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Notes

An online version of the Community Resource Guide and more information is available at KeysUnitedWay.org/CommunityResourceGuide.

Limited quantities of the resource guide are available free to Monroe County organizations and residents; additional quantities may be available for a suggested donation.

HOTLINES

211 of Miami-Dade and Monroe	855-883-4429 or 211 or
	Text your ZIP code to 898211
AARP	
Abuse Hotline	800-96-ABUSE (962-2873)
Alcoholics Anonymous	
Alliance for Aging	
Alzheimer's Association of South FL	800-272-3900
American Cancer Society	800-227-2345
American Pregnancy Hotline	800-672-2296
American Red Cross	
Cancer Information Service	800-4CANCER (422-6237)
Child Support Enforcement	
DCF Abuse Hotline	800-962-2873
Disaster Hotline (Monroe)	800-955-5504
Early Steps Southernmost Coast	
Elder Abuse Hotline	800-962-2873
Family Health Line of FL	800-451-2229
FEMA	
FL Bar Referral Service	
FL Department of Elder Affairs	
FL Domestic Violence Hotline	800-500-1119
FL Kid Care	
	TTY 1-800-955-8771
Gamblers Anonymous	
Guidance Care Center / MH Crisis .	305-434-7660
Healthcare.gov (ACA Insurance)	
Immigration (USCIS)	
LGBTQ Helpline	305-646-3600
Medicare	
Nat'l Child Sex Abuse Line	800-4ACHILD (422-4453)
Nat'l Suicide Prevention Line	800-SUICIDE (784-2433)
Poison Control	800-222-1222
Postpartum Support International	
	Text 503-894-9453
Runaway Helpline	800-RUNAWAY (786-2929)
Seniors Helpline	305-646-3606
Smoking Quit Line	800-QUITNOW (784-8669)
Social Security Administration	800-772-1213
Veteran's Assistance	800-827-1000
Veteran's Crisis Line	800-273-8255 Ext 1 or
	send a text message to 838255

Thank you to our Community Resource Guide sponsors!





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